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Philippians 4:6-8

As a frontline worker during this Covid-19 pandemic and a minister at the same time, I have encountered people from diverse walks of life, who are troubled beyond human imagination. Of course you don't blame anyone for feeling uncomfortable and on edge at this critical time.

Most of my work colleagues went into isolation at the start of the lockdown, while some of us still kept going to work. A mate asked me, "Ruth, how do you do it?" the other day. I responded by asking her what she meant and she said that I was calm about the whole situation. My answer to her was "I may not know what tomorrow holds for us all, but all I know is we are not to stop asking the Lord for peace in the current situation."

There is so much going on in our land and around the world. We can even get to the place where we do not want to even turn on the telly.

The Hebrew word for peace is Shalom.

God is our peace and the more that we seek him wholeheartedly, and cast all our worries to him, the more peace we shall have.

What we must realise is that peace isn't the absence of problems, rather it is the presence of God in the midst of your problems.

HOW DO WE FIND PEACE?

Peace is not something one finds through their own efforts, rather it surrounds you when surrender your life to Christ through prayers, being grateful and developing your relationship with Him.

When we seek him with our whole hearts, we shall find Him even in the midst of challenges. Once again, we are to surrender everything to Him, not just half of it. We are to constantly ask the Father to remove fear out of our lives and for the grace to surrender everything to Him.

Mark 4

We read a story of Jesus and his disciples in a boat. When a mighty storm came, Jesus was sleeping. The disciples were afraid, but Jesus just spoke to the wind.

We need to be able to speak to our situation in order to overcome the storm. It is not easy at all, but just as Paul said in Philippians 4:6-8, we should talk to the Father about our troubles. We may not get

the answer here and now, but He knows our heart and He also wants to have fellowship with us.

No matter where we are or what we are encountering at this time, I pray the peace of the Father will be with us all, in Jesus name.

All the best,

Ruth Tiso

When peace, like a river, attendeth my way,
When sorrows like sea billows roll;
Whatever my lot, Thou hast taught me to say,
It is well, it is well with my soul.

It is well with my soul,
It is well, it is well with my soul.

Though Satan should buffet, though trials should come,
Let this blest assurance control,
That Christ hath regarded my helpless estate,
And hath shed His own blood for my soul.

My sin—oh, the bliss of this glorious thought!—
My sin, not in part but the whole,
Is nailed to the cross, and I bear it no more,
Praise the Lord, praise the Lord, O my soul!

For me, be it Christ, be it Christ hence to live:
If Jordan above me shall roll,
No pang shall be mine, for in death as in life
Thou wilt whisper Thy peace to my soul.

But, Lord, 'tis for Thee, for Thy coming we wait,
The sky, not the grave, is our goal;
Oh, trump of the angel! Oh, voice of the Lord!
Blessed hope, blessed rest of my soul!

And Lord, haste the day when the faith shall be sight,
The clouds be rolled back as a scroll;
The trump shall resound, and the Lord shall descend,
Even so, it is well with my soul.

